

## **Prices**

Membership £80.00 pa (renewal £60.00pa)

Individual Sessions = £7.00

**Monthly Payments: *Special Offer*** buy 3 months of monthly classes and get the next calendar month for free

1 class per week / 4 classes per month = £22.00

2 classes per week / 8 classes per month = £36.00

- **Courses**

\*Complete Beginner Course (6 sessions) = £30.00

\*Pregnancy Pilates or Pregnancy Yoga (6 sessions) = £30.00 (Trail session £10.00 but if return to pay for a course will receive £5.00 off ); after 30 weeks of pregnancy £5.00 per session.

\*Baby Massage (6 sessions) = £30.00

\*Baby Yoga (4 sessions) = £20.00

\* No Membership fee required

- **Private Training**

Private Session (1 participant) = £30.00 single session / £120.00 5 sessions

Duo Session (2 participants) = £15.00 each single session / £75.00 each for 5 sessions

Tri Sessions (3 participants) = £10.00 each single session / £50.00 each for 5 sessions

## **Booking Conditions**

- All payments must be made at the time of booking.
- All sessions are transferable once up to 24 hours prior to scheduled appointment / session and can be moved, due to availability, to an alternative time / date providing this is still within your usage time.
- Cancellations with less than 24 hours notice will result in forfeiture of the total payment for the session.

## **Usage Times**

- Individual Sessions (Class) = 3 weeks
- Monthly = calendar month
- Private Individual Sessions = 1 calendar month
- Private block = 6 months